




Acceptance

Date : _____

My Feelings




Today I'm Grateful For



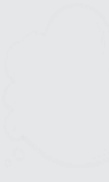
Best Thing Happened Today



People I'm Grateful To



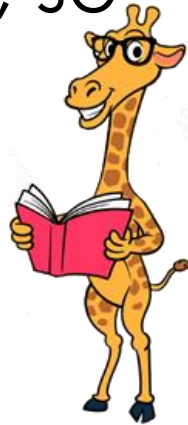
My Reflection



Things I Learned Today

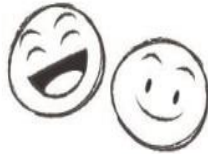
Things Look Forward To

You are
beautiful inside
and outside, so
don't hate
yourself
because of
what other
people think of
you. There is no
standard for
beauty, so
however you
look, you are
beautiful!



DATE ___/___/___ SUN MON TUE WED THU FRI SAT

TODAY I AM GRATEFUL FOR: _____



DRAW OR WRITE ABOUT SOMETHING ELSE
THAT MADE YOU GRATEFUL TODAY.

DATE ____/____/____

SUN

MON

TUE

WED

THU

FRY

SAT

I AM THANKFUL FOR TODAY BECAUSE:

1. _____

2. _____

3. _____

SOMEONE WHO I THANKED TODAY:

EMOTIONS



ACT OF GRATITUDE

Puzzle #28

Assorted Words 28

G	I	M	C	R	A	C	K	S	E	Y	A	Q	B	M
S	N	O	I	T	A	R	O	L	P	X	E	B	Q	U
S	M	L	C	N	S	R	E	I	L	P	P	U	S	J
I	E	O	U	A	O	P	I	N	W	H	E	E	L	U
C	K	I	G	D	N	I	L	B	R	O	L	O	C	S
D	E	O	T	K	K	T	T	P	L	L	Y	S	P	T
O	P	T	O	I	N	F	A	A	X	B	Q	I	P	I
H	C	D	A	B	L	I	U	L	M	R	Y	Y	R	F
N	R	T	G	C	K	A	G	H	O	E	B	P	E	I
U	M	E	P	Q	E	C	M	C	T	U	R	P	L	E
S	U	A	K	O	L	A	E	R	W	O	P	C	A	S
P	E	R	D	R	S	T	N	H	O	M	O	E	T	H
F	D	L	C	D	O	H	T	S	C	N	F	M	E	L
S	W	O	H	S	O	W	E	Y	W	I	B	K	S	Z
S	P	B	M	L	B	G	D	D	I	J	M	A	Z	P

ABNORMALITIES

AUGMENTED

CANTALOUPE

CETACEANS

CHECKBOOK

COLORBLIND

CREMATION

EXPECT

EXPLORATIONS

GIMCRACKS

GINKGO

GODDAMN

JUSTIFIES

PINWHEEL

POSHED

PRELATES

SHOWS

SMOOTH

SUPPLIERS

WORKER

Love yourself
just as you
are! You
should be
your number
one admirer.

