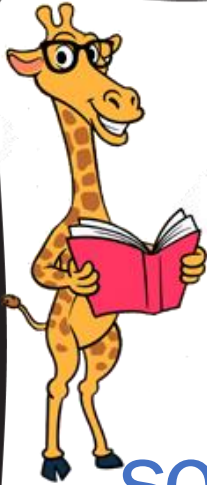


Social Culture



Cultural
socialisation
Promoting racial
and ethnic pride
by teaching
about history
and customs.

DATE ____/____/____

SUN

MON

TUE

WED

THU

FRI

SAT

I AM THANKFUL FOR TODAY BECAUSE:

1. _____

2. _____

3. _____

SOMEONE WHO I THANKED TODAY:

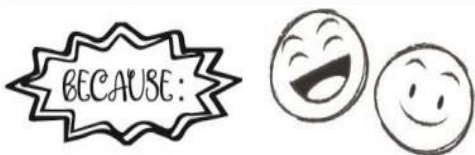
EMOTIONS



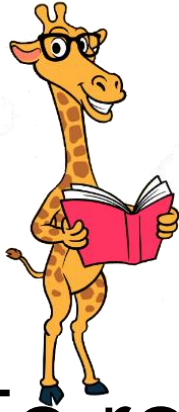
ACT OF GRATITUDE

DATE ___/___/___ SUN MON TUE WED THU FRI SAT

TODAY I AM GRATEFUL FOR: _____



DRAW OR WRITE ABOUT SOMETHING ELSE
THAT MADE YOU GRATEFUL TODAY.



To reduce misunderstanding, it is good for us to tolerate one another and accept our differences.

Date : _____


My Feelings



Today I'm Grateful For



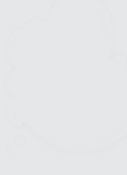
Best Thing Happened Today



People I'm Grateful To



My Reflection



Things I Learned Today

Things I Look Forward To